

**SUPPLEMENTS**

ALL ONE **Gluten Free Multi-nutritional Powders**



Original • Active Senior Rice Base • Green Phyto Fruit Antioxidant

**Sale 30% off!**

**SOLARAY** Cal Mag Citrate w/D **Sale \$12.39**



180 vcaps— Sugg. Ret. 19.09

**Mega B Stress Complex**

**35% off! Sale \$13.59**

120 vcaps— Sugg. Retail 20.99

**Nature's Life** Vitamin D-3 2000 IU **Sale \$6.49** **\$3.00 off!**



120 softgels— Sugg. Ret. 9.49

**Nature's Life** Soft Gel Multiple **Sale \$27.79** **\$14.00 off!**



180 softgels— Sugg. Retail 41.79

**BODY CARE**



**KISS MY FACE Bath & Shower Gels**



Active, Anti Stress Cold & Flu, Peaceful Patchouli

**Sale \$8.19**

**25% off!** 16 oz — Reg. 10.95

**DR. BRONNER'S Organic Lip Balm & Liquid Soap**



**Sale \$1.99**

**33% off!** .15-2 oz — Reg. 2.99



Selected Species

**Chocolate Bars**

**24% off! Sale 2 for \$5**  
3 oz — Reg. 3.25

**BEER & WINE**



**Organic Winterfish Ale**

Snappy Hoppy Ale

**23% off! Sale \$6.99**  
six 12 oz — Reg. 8.99



Bring Your Containers for Bulk Foods & Save 5¢ each!

Sunspire

**BULK**

**Dark Chocolate Sundrops**

**25% off! Sale \$5.99/lb**  
bulk — Reg. 7.99/lb

**Organic Cannellini Beans**

(White Kidney Beans)

**26% off! Sale \$1.99/lb**  
bulk — Reg. 2.69/lb

**Crystallized Ginger**

**16% off! Sale \$5.99/lb**  
bulk — Reg. 7.09/lb

**CELESTIAL SEASONINGS**



**Holiday Teas**

Fun & Festive Varieties

**28% off! Sale \$2.49**  
20 bag — Reg. 3.45

**Choice Organic Teas**



Herbal • Green • Black • Rooibos

**37% off! Sale 2 for \$6**  
16 bag — Reg. 4.75

**CADIA**



**Organic Maple Syrup**

Grade A or B

**30% off! Sale \$7.99**  
12 oz — Reg. 11.49



**Organic Italian Pasta Sauce**

All Flavors • Delicious!

**36% off! Sale \$5.99**  
32 oz — Reg. 9.35



**Organic Olive Oil**



Cold Pressed Extra Virgin

**32% off! Sale \$18.99**  
50.8 oz — Reg. 27.79

**Choose Local Products**

# Shop with Sustainability in Mind

## COOLER



**Sugar Free Sodas**  
Zero Calories  
All Flavors

**33% off!** **Sale \$3.99**  
six 12 oz — Reg. 5.99



**Organic Sparkling Ciders**  
Cranberry • Pear • Apple

**31% off!** **Sale \$2.99**  
750 ml — Reg. 4.35



**Organic Egg Nog**  
Yummy Holiday Treat!

**33% off!** **Sale \$3.99**  
32 oz — Reg. 5.99



**Rice Chips**  
Gluten Free • All Flavors

**33% off!** **Sale \$2.19**  
6 oz — Reg. 3.29



**Heirloom Rice**  
Black • Red • Pink

**29% off!** **Sale \$2.99**  
15 oz — Reg. 4.19



**Organic Cream Cheese**  
Cultured

**19% off!** **Sale \$2.49**  
8 oz — Reg. 3.09



**Organic Broths**  
Chicken • Vegetable  
Beef • Mushroom

**33% off!** **Sale \$2.99**  
32 oz — Reg. 4.45



**WOLFGANG PUCK Organic Soups**  
All Varieties

**27% off!** **Sale \$2.29**  
14.5 oz — Reg. 3.15



**Fresh Oregon Mozzarella**  
Close To Home

**21% off!** **Sale \$8.99/lb**  
8 oz — Reg. 11.25/lb

## FREEZER



**Mac & Cheese**  
Original • Soy • Gluten Free

**Close To Home** **Sale 25% off!**  
9 oz — Reg. 3.19-3.99



**Almond Dream**  
Non Dairy ~ All Flavors

**29% off!** **Sale \$3.29**  
16 oz — Reg. 4.65



**Greek Yogurt**  
All Flavors  
Rich and Creamy!

**32% off!** **Sale \$1.19**  
6 oz — Reg. 1.75



**Organic Toaster Waffles**  
Flax • Homestyle • Buckwheat

**32% off!** **Sale 2 for \$5**  
7.5 oz — Reg. 3.65



**Turkey Breakfast Links & Patties**  
Antibiotic & Hormone Free

**27% off!** **Sale \$4.49**  
12 oz — Reg. 6.15



**The Great Uncured Hotdog**  
Organic Beef

**30% off!** **Sale \$5.99**  
16 oz — Reg. 8.59

Choose Organic

PRICES GOOD WHILE SUPPLIES LAST • SALE DATES December 1 - 31