

**SUPPLEMENTS**

**Verba Prima**



**Whole Psyllium Husks**

**Sale \$7.89**

25% off! 12 oz — Reg. 10.55

**All Fiber Formulas on Sale!**



**Preservative Free Aloe Vera Juice**

**Sale \$7.69**

30% off! 32 oz — Reg. 10.99



**All Products on Sale!**

MANITOBA HARVEST



**Pro Fiber Hemp Protein**

**Sale \$10.19**

32% off! 16 oz — Reg. 14.99

**BODY CARE**

**AUBREY ORGANICS**



**Moisturizing Cream**

**Sale \$13.49**

20% off! 4 oz — Reg. 16.92

**All Rosa Mosqueta Facial on Sale!**

**Giovanni**



**50/50 Shampoo & Conditioner**

**Sale \$5.55**

30% off! 8.5 oz — Reg. 7.95

**All Giovanni Hair Care on Sale!**

**Orgain**



**Organic Meal Replacement**

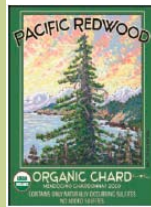
Ready to Drink • High Protein

**Sale \$2.49**

29% off! 11 oz — Reg. 3.49

**BEER & WINE**

22% off! **Organic Chardonnay**



Full Bodied with flavors of Apple & Pear

**Sale \$8.99**

750 ml — Reg. 11.49



Bring Your Containers for Bulk Foods & Save 5¢ each!

**BULK**

Rich in Protein!

**Organic Quinoa**



**Sale \$2.99/lb**

32% off! bulk — Reg. 4.39/lb

**Honey Gone Nuts Granola**

with Almonds, Walnuts & Cashews

**Sale \$2.99/lb**

34% off! bulk — Reg. 4.55/lb

**Organic Medjool Dates**

**Sale \$6.99/lb**

20% off! bulk — Reg. 8.69/lb



**CADIA**

**Coconut Water**

Fresh Young Green Coconut

**Sale \$1.39**

30% off! 17.5 oz — Reg. 1.99

**Traditional Medicinals**

**Cold Season Teas**



Cold Care • Throat Coat • Breathe Easy

**Sale \$3.99**

24% off! 16 bag — Reg. 5.25



**Organic Stevia Sweetener**

Calorie Free • Sugar Free

**Sale \$3.49**

27% off! 40 pkts — Reg. 4.79

**Muir Glen Organic**



**Organic Tomatoes**

Diced • Puree  
Crushed • Whole

**Sale \$1.49**

25% off! 14.5 oz — Reg. 1.99

**PET**

**ORGANIX**

**Organic Canned Dog Food**



Grain Free

**Sale 2 for \$3**

44% off! 12.7 oz — Reg. 2.65

**Choose Local Products**

# Shop with Sustainability in Mind

## COOLER

### LARABAR Fruit & Nut Food Bars

45% off! **Sale 99¢**  
1.6-1.8 oz — Reg. 1.79

### Organic Eco Pack Cereals

Flakes • O's  
Envirokidz & more!  
33-41% off! **Sale \$5.99**  
22.9-35 oz — Reg. 8.99-9.99

### FOOD SHOULD TASTE GOOD Tortilla Chips

Sweet Potato • Olive • Multigrain  
35% off! **Sale 2 for \$4**  
5.5 oz — Reg. 3.09

### R.W.K. NUDSEN FAMILY Simply Nutritious Juices

Morning Blend • Mega Green  
Lemon Ginger • Vita Juice  
33% off! **Sale \$2.79**  
32 oz — Reg. 4.15

### Imagine Foods Coconut Dream

Non Dairy Beverage, All Flavors  
30% off! **Sale 2 for \$5**  
32 oz — Reg. 3.55

### Wild Planet Wild Skipjack Light Tuna

High Omega 3  
Low Mercury  
34% off! **Sale \$2.49**  
5 oz — Reg. 3.79

### STRAUS ORGANIC Organic Whole Milk Yogurt

Artisan Vat Creamery  
No thickeners  
34% off! **Sale \$3.49**  
32 oz — Reg. 5.25

### EMERALD VALLEY Organic Organic Salsa

Mild, Medium or Hot  
30% off! **Sale \$2.99**  
14 oz — Reg. 4.25

### ORGANIC VALLEY Organic Cottage Cheese

Deliciously Creamy  
27% off! **Sale \$3.99**  
16 oz — Reg. 5.49

## FREEZER

### Arctic Zero Ice Cream

Low Sugar  
150 calories per Pint  
29% off! **Sale \$3.49**  
16 oz — Reg. 4.89

### PJ's ORGANICS Organic Burritos

Your Choice  
42% off! **Sale \$1.99**  
6 oz — Reg. 3.45

### ALL NATURAL SO DELICIOUS! DAIRY FREE Coconut Milk Creamer

NON GMO Project VERIFIED  
Close To Home  
Dairy Free  
Original or Vanilla  
39% off! **Sale \$1.69**  
6 oz — Reg. 2.79

### kinnikinnick Gluten Free Pie Crusts

Two 8 inch Pie Shells  
Ready to Use  
25% off! **Sale \$3.99**  
10.2 oz — Reg. 5.35

### Tofurky Pizza

Pepperoni  
Italian Sausage  
Cheese  
Close To Home  
24% off! **Sale \$6.49**  
13.6 oz — Reg. 8.59

## MEAT

### MULAY'S Chorizo Sausage

Rich & Robust Flavor  
30% off! **Sale \$5.99**  
16 oz — Reg. 8.59

Choose Organic

PRICES GOOD WHILE SUPPLIES LAST • SALE DATES January 5 - 30